



Three Rivers Health Link

THE COMMUNITY NEWSLETTER OF THREE RIVERS HOSPITAL

FEBRUARY 2022 | ISSUE 1

2021: A YEAR OF GROWTH

Where we've been, and where we're headed in
our goal to provide the ideal patient experience



CEO Message

J. SCOTT GRAHAM
CHIEF EXECUTIVE OFFICER

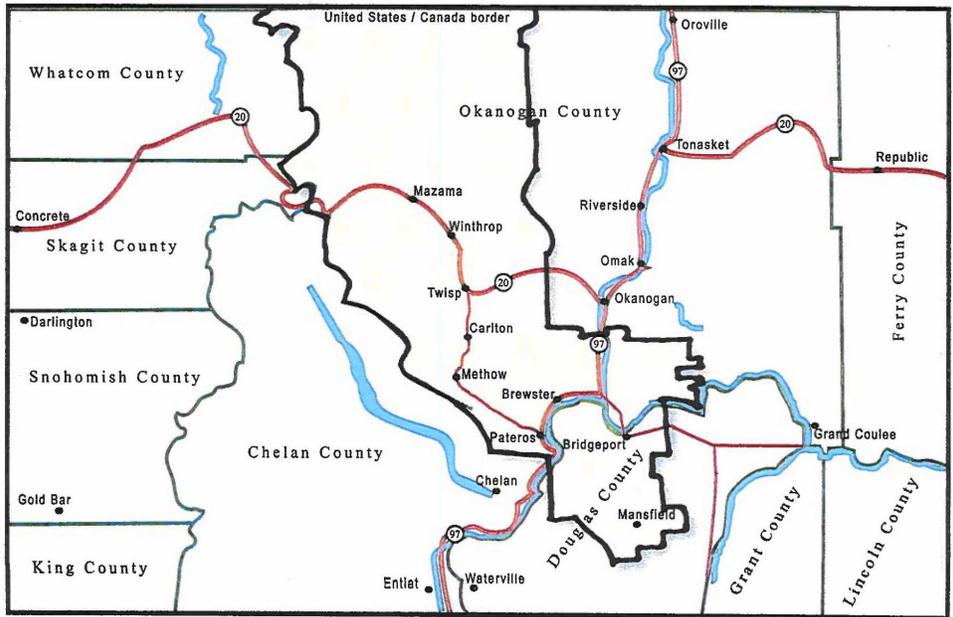
OUR PRESENT AND FUTURE

We have much to be thankful for.

The past two years have been challenging for all of us. At Three Rivers Hospital, our focus has been to stay viable during a pandemic that stirred up a lot of uncertainty. Through everything, our communities have supported us. Thank you.

We are a non-profit, public organization, and the largest geographic hospital district in the state. Our district stretches all the way from Mansfield up through Bridgeport, Brewster, Pateros and the Methow Valley, above Mazama to the Canadian border. The map at right shows the borders of our hospital district.

Three Rivers is primarily funded with reimbursements from Medicare/Medicaid and some private insurances. Roughly 6% of our annual revenue comes from



Okanogan Douglas County Hospital District #1, aka Three Rivers Hospital

property taxes. These funds are used primarily to bolster ER services. We can never thank taxpayers enough for the support they provide to our hospital district.

We received federal CARES Act dollars to get us through the first year of the pandemic, and we're now paying that back. We also set new goals for patient care, purchased some new equipment, and worked hard to improve our services and

introduce a few new ones.

As you read through these pages, I hope you'll feel more informed about our efforts to provide the ideal patient experience.

January 12, 2022 marked 73 years of operation, and we plan to serve our communities for many years to come.

Thank you,

Employee Spotlight

Hi, everyone! I'm your pharmacy technician, Eva Olea. Most of you know me, but did you know I've worked at Three Rivers Hospital for 20 years?



Some of the things I'm responsible for are pharmaceutical purchases for the facility, mastering and navigating the ins and outs of CPSI/Omniceil, mapping barcodes, delivering and stocking medications, and staying up to date with laws and regulations. If there's a medication or system error, I'm your go-to gal!

Along with my pharmacy tasks, I enjoy my position because of the people I work with and the diversity I encounter. Spanish is my first language, so you might see me roaming the hallways translating for patients as well. I love helping the community through pharmacy.

After a day of work, I enjoy spending time with my two boys (three if you count my husband). I like to watch movies, cook, and listen to music. I don't like sweet desserts, but if you want to surprise me with some fruit and Tajín, I'm all for it!

THREE RIVERS HOSPITAL

MULTIPLE POSITIONS OPEN

WE ARE HIRING!

APPLY NOW AT OUR WEBSITE

WWW.THREERIVERSHOSPITAL.NET / OPPORTUNITY

SIGN-ON BONUS FOR CERTAIN POSITIONS

Under the Scope

PROVIDER CORNER >

Your Ideas Wanted

Future issues of this newsletter will feature information shared by our providers about different health-related topics.

If you'd like to submit a request for a specific subject, email us at media@trhospital.net!



COVID-19 >

Keeping Up with COVID

Our team is continuously adapting to rapid changes surrounding COVID-19 patient care and vaccinations. At this time, we are offering Moderna for first and second doses, as well as boosters for qualified groups. To schedule an appointment in our clinic, please call (509) 689-3749.

For more details about our processes and to get updates, visit threeivershospital.net.

GOVERNANCE >

Meet the Board of Commissioners



Mike Pruett



Cherri Thomas



Leslie McNamara



Tracy Shrable



David Garcia

Mike Pruett, a resident of the Methow Valley for over 20 years, has served on the Board of Commissioners since January 2013.

He has been the board chair since 2019, and his 2021 committee appointments include Building & Planning, Finance, and liaison to the Three Rivers Hospital Foundation.

Cherri Thomas, who has lived in the upper Methow

Valley since 2012, joined the board in January 2014. With her background as a Registered Nurse, Cherri's committee appointments include the Quality Council, Marketing, and EMR (electronic medical record).

Leslie McNamara lives in Brewster and was appointed to the board in August 2017. She won election to a six-year term in November. Leslie's 2021 committee

appointments include Finance and Medical Staff.

Dr. Tracy Shrable has served on the board the longest, having been appointed in 2010. He ran a successful chiropractor practice in Brewster for many years. His committee appointments this year are Building & Planning and liaison to the Three Rivers Hospital Foundation. David Garcia, also a

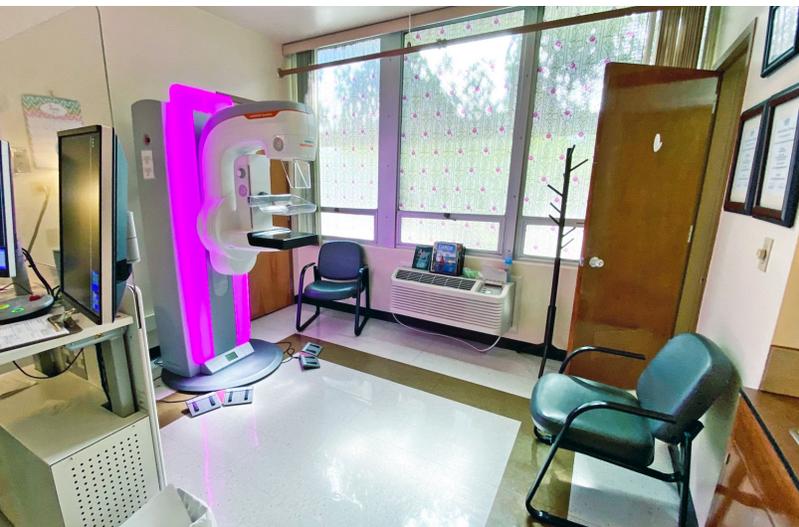
Brewster resident, was appointed to the board in August 2020 and won election to a six-year term in November 2021. This year, David has served on the Quality Council and Medical Staff committee.

Regular board meetings are held at 11:15 a.m. on the last Wednesday of each month. They are open to the public. For more details, visit threeivershospital.net.



the future of

Outpatient Services



Health care in the United States is moving toward more preventive care, which is vital to overall health. This approach is also lower in cost for insured patients. Three Rivers has a number of services available to help you stay on top of routine visits.

Our clinic, Three Rivers Family Medicine, is located conveniently next door to Three Rivers Hospital. The address is 415 Hospital Way, but many people know the building as the former Hillcrest House. The clinic is a full-spectrum family practice with two primary care providers: Amy Ellingson, M.D. and John Hurley, PA-C. They treat patients of all ages.

Hurley also provides Department of Transportation certified physicals for anyone needing a commercial driver's license, and he is passionate about providing healthcare for veterans.

Our clinic specialists also offer preventive care. Ty Witt, M.D., is a gynecologist who conducts routine well-woman exams. General

surgeon Rosie Dhillon, M.D., FACS, provides routine colonoscopies to patients age 50 and older.

If you're in need of diabetes management or help with your weight, Three Rivers Family Medicine provides virtual visits with Elizabeth Hsu, M.D., who is triple-board certified in endocrinology and obesity medicine. We have contracted with Coulee Medical Center to offer this service.

In Three Rivers Hospital, a number of our services are not considered preventive care, but they can be done on an outpatient basis. This could include surgical procedures for general surgery, women's health, or orthopedics. The hospital also offers outpatient laboratory and radiology tests. If you need a CT scan, ultrasound, X-ray, MRI, or 3D mammogram, you can find them here.

For more information about our services, visit www.threerivershospital.net or call (509) 645-3347.